



FICHA DE PROJETO – Projetos aprovados

Acrónimo:	SEDY2
Designação do projeto (PT/EN):	Sport Empowers Disabled Youth 2
Código do projeto:	613130-EPP-1-2019-1-NL-SPO-SCP
Objetivo principal:	With SEDY 2 project, we aim to develop tools on multiple levels (individual, the social, and the physical environments) for facilitating inclusion and participation in sports, particularly by disabled youth.
Entidade financiadora/Programa de financiamento:	ERASMUS + Program: SPO – Sport. Action: SCP – Collaborative Partnerships.
Custo total elegível:	31.200€ (valor de financiamento proposto, a receber pela ESDRM-IPS)
Apoio financeiro da União Europeia:	Aguardo 1ª reunião do projeto (kick-off meeting) para confirmar versão final do orçamento após validação da União Europeia (por vezes são propostos ajustes de pormenor).
Apoio financeiro público nacional/regional:	
Taxas de financiamento:	85%
Entidade beneficiária:	ESDRM – IPSANTAREM: Parceiro
Investigador Responsável:	Marije Deutekom – STICHTING HOGER ONDERWIJS (SHON) - (COORDENADOR) Nuno Pimenta – ESDRM
Parceiros:	<ul style="list-style-type: none"> - Instituto Politécnico de Santarém - Escola Superior Desporto Rio Maior (ESDRM-IPS) – Rio Maior, Portugal; - Amsterdam University of Applied Sciences (AUAS) – Amsterdam, Netherlands; - Finnish Sports Association of Persons with Disabilities (VAU); - Lithuanian Sports University (LSU); - Gehandicaptensport Nederland (Disabled sports Netherlands); - European Network of Sport Education (ENSE); - Federação Portuguesa de Desporto para pessoas com Deficiência (FPDD); - Valtakunnallinen Valmennus- ja liikuntakeskus Oy (Pajulahti Sport Institute - PSI); -

Equipa:	<ul style="list-style-type: none"> - Afke Kerkstra (SHON); - Jasmijn Holla (SHON); - Leonie te Loo (SHON); - Nuno Pimenta (ESDRM-IPS); - Rita Santos-Rocha (ESDRM-IPS); - Vera Dekker (AUAS); - Aija Saari (VAU); - Nina Peltonen (VAU); - Tiina Siivonen (VAU); - Jurate Pozeriene (LSU); - Diana Rėklaitienė (LSU); - Vida Ostasevičienė (LSU); - Virpi Remahl (PSI); - Marja Gran (PSI).
Data da aprovação:	26/09/2019
Data de início:	01/01/2020
Data da conclusão:	31/12/2022
Resumo (objetivos, atividades e resultados esperados) - em PT e/ou EN:	<p>RESUMO:</p> <p>SEDY 2 addresses the topic of encouraging inclusion and equal opportunities in sport. SEDY 2 (Sport Empowers Disabled Youth 2) will address this topic because while every person has the same right to participate in play, recreation, leisure and sporting activities (UN, 2006), this equal access has proven not to be the case for youth with a disability. Research has found that children with disabilities are generally less physically active, participate less in sports activities and show reduced fitness levels compared to their non-disabled peers. This can be explained by the fact that children, adolescents and their families have to overcome additional barriers to sport participation. These barriers can arise on various levels ranging from the individual itself towards the level of national policy. The Social Ecological Model for Health Promotion provides a useful framework for understanding how various sectors influence participation in physical activity or sport (McLeroy, Bibeau, Steckler, & Glanz, 1988). According to thi model, health behaviour is facilitated and inhibited by multiple levels of influence, including factors related to the individual, the social, and the physical environments. Within, the SEDY 2 project, we aim to develop tools on all these levels thereby facilitating inclusion and participation in sports.</p>